Tips for safe barbecuing

Cooking food safely

- 1. Always make sure you cook chicken, pork, burgers, sausages and kebabs until they are steaming hot all the way through, none of the meat is pink and any juices run clear.
- 2. Wait until the charcoal is glowing red, with a powdery grey surface, before you start cooking.
- 3. Make sure frozen food is thawed before you cook it (not necessarily burgers).
- 4. Turn the food regularly and move it around the barbecue, to cook it evenly.
- 5. Check the centre of the food is steaming hot even when reheating foods.
- 6. Don't assume that if the meat is charred on the outside that it will be cooked properly on the inside.
- 7. Make sure equipment such as tongs etc that are used to handle raw foods are not used to handle cooked foods.

Beware of the sun (do not let yourself be caught out). Use shade, clothing, a wide brimmed hat and good quality sunglasses and SPF 15+ sunscreen to protect you.

We hope this information helps you have an enjoyable and safe time

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Beach Barbecues



We want everyone to enjoy time at the beach

Barbecuing on the beach

We have guidelines for barbecuing on beaches in East Lindsey. Please make sure you follow these basic rules. This will ensure your barbecue is a pleasant event and not a nuisance to other beach users.

- Only light your barbecue on designated beaches.
- No barbecues are allowed at the beach chalets.
- Check tide times for your own safety and the wind direction to prevent smoke blowing on to other beach users.
- Barbecues are only permissible between 9.00am and 9.00pm.
- No alcohol or glass is allowed.
- Contain your barbecue in a metal tray.
- Gas barbecues or lighter fuel are not allowed.
- When finished, douse the barbecue with water to ensure it is out and cold.
- Litter bins should not be used to dispose of barbecues.
- Do not light fires anywhere on the beach they may be dangerous to other beach users.
- Do not use your barbecue for 'monetary gain' as this may constitute an event and require a licence.
- Do not play amplified music.
- Parking on the promenade is not permitted.
- Do not bury rubbish on the beach.

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